Erev Rosh Hashanah - Rabbi Marc Katz "Finding Our Resiliency" Sermon Discussion Questions 2020 / 5781

What parts of your life have you felt were "on pause" over these past number of months?

What does the word "resilience" mean for you? When have you felt a sense of resilience over these past number of months?

Rabbi Katz wrote: "The current state of the world makes it very difficult to be optimistic. There is too much unknown to have a rosy picture of the future. But nevertheless, I have hope. I believe that however much this current moment is difficult, I have within me the answers to make it, at least, a little better."

What are your sources of hope? And what answers lie within you at this time to make things a little better?

When have you been a source of strength and hope for others? When have you helped them find their own wellspring of resolve?

